

SOUL REST
PASTOR SETH BROOKS – JUNE 20, 2021
HEBREWS 4

PART 1

Q. What is soul rest?

A. The rest of God, promised to man, accessible through Christ.

Hebrews 4 .1-4 *God’s promise of entering His rest still stands, so we ought to tremble with fear that some of you might fail to experience it. 2 For this good news—that God has prepared this rest—has been announced to us just as it was to them. But it did them no good because they didn’t share the faith of those who listened to God. 3 For only we who believe can enter His rest. As for the others, God said, “In my anger I took an oath: ‘They will never enter my place of rest,’” even though this rest has been ready since He made the world. 4 We know it is ready because of the place in the Scriptures*

Joshua 1:13 *“Remember what Moses, the servant of the Lord, commanded you: ‘The Lord your God is giving you a place of rest. He has given you this land.’”*

REST FOR BELIEVERS

Contentment - Perfect satisfaction with our earthly situation (lot).

Confidence - Perfect confidence in God.

Submission - Giving authority over our lives over to God, completely.

Patience - To hold everything in our lives loosely as managers, trusting God’s timing for all things and being willing to “and wait patiently for Him to act.” (v.7)

Peace - Calm self-possession in the face of the enemy (like Jesus had before His accusers).

Happiness - An inward, unshakeable calm.

Expectation - Rest comes from knowing our God has already triumphed over evil.

**God's REST is not accessible to anyone who does
not have a relationship with Christ Jesus.**

PART 2

Rest belongs to God, He is all perfect and self-harmonious, infinite in purity and love, and His love for His children was manifested in the person and work of Jesus Christ.

Hebrews 4:7 *So God set another time for entering his rest, and that time is today. God announced this through David much later in the words already quoted: "Today when you hear his voice, don't harden your hearts."*

- Rest never comes in knowledge but in TRUSTING.
- Soul Rest begins within us, in the faith that we place in God through Jesus.
- Heaven will be the completion of our rest.

PART 3

REF Hebrews 4:14-16

Come Boldly - Christ our Savior knows everything about us.

1. We are the heirs of heaven, all that the God of creation has He desires to pour out on you if only we will believe in Him!
2. Be united with those that hear. (v2)
3. Be diligent to pursue GOD'S REST by reviewing the ways a believer finds rest as shown under Part 1.

Dear Lord Jesus,

I know that I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. I turn from my sins and invite You to come into my heart and life. I want to trust and follow You as my Lord and Savior. Amen.